



**“I want to learn practices that will increase my leadership presence”**

**“I want to be stable and calmer under pressure”**

**“I want to speak my truth with more clarity and power yet without aggression”**

### **World Renowned Leadership Embodiment Coach Wendy Palmer for the 1st time in Singapore!**

SUNBEAM is honored to bring Wendy Palmer, the world renowned Somatic Leadership Coach and founder of Leadership Embodiment to Singapore.

She works with leaders on presence, empowerment and cultivating center under conflict and pressure across the world.

*Wendy is a sixth degree black belt in aikido and author of three books, *The Intuitive Body*, *The Practice of Freedom and Leadership Embodiment*.*

Her work has an international following in the US, Europe, Canada, Asia and South Africa and this will be her first program for a chosen few in Singapore.

Her clients have included, Genentech, NASA, DaimlerChrysler, Oracle, McKinsey, Unilever, BBC, Raytheon, Salesforce.com, Pfizer, The Gap, Hewlett Packard, The World President's Organization, The US Forest Service...

### **What is Leadership Embodiment (LE)?**

Traditional coaching and Leadership development have so far focused on facilitating leaders developing intellect and altering behavior. Somehow all this transformation work till now hasn't included the body, which is where all our behavior patterns, neural pathways and memories rest.

Leadership Embodiment using the body and energetics, *bridges that gap of what we aspire to do and what we actually do under pressure.*

After all it is through the body that we experience and act in the world!

## **Main Take-away from the course**

**The Fundamentals Level 1 Course will develop the following 3 competencies:**

- Being inclusive, especially in difficult situations
- Speaking up for what we believe in, even when there is strong resistance
- Listening to everything that is being said without taking things personally

**Course Logistics** (*Please refer the pdf for more details on the Leadership Embodiment course*)

**Dates** – 12<sup>th</sup> and 13<sup>th</sup> September 2015

### **Fee for the Leadership Embodiment Fundamentals Level 1 Course**

**Early Bird Offer** – Rs. 63,600 (Early Bird offer ends on 30<sup>th</sup> June 2015)

**Fee post the Early Bird Offer** – Rs. 71,760 (Registration closes on 14<sup>th</sup> August 2015)

**Venue** – The Grand Copthorne Waterfront Hotel, 392 Havelock Rd, Singapore 169663

**Phone:** +65 6733 0880

### **Contact for queries**

Please mail me on [shilpalimsay@gmail.com](mailto:shilpalimsay@gmail.com) or call me on +919845462283 for any queries and to register

### **Bank Details for Overseas Transfer**

#### **Bank Address and Name**

State Bank of India  
Indiranagar (Bangalore)  
2987, 12<sup>th</sup> Main, HAL II Stage,  
Indiranagar, Bangalore, India

**Branch Code** - 3301

**Swift Code** – SBININBB147

**IFSC** - SBIN0003301

**MICR** – 560002021

**Name of Account Holder** – SUNBEAM

**Bank Account Number** - 30412667746