



LEADERSHIP EMBODIMENT

Programs for Presence, Confidence and Compassion

Practical Information - LECT Europe

Please find below information about module dates & times, venue, pricing and contact information.

Module Dates and Times

Kick off session – 1,5-hour call

Oct 23, 2025 (Thu)

Mod 1 – Virtual – 3 days of 4 hours plus breaks

Nov 13 & 14, 2025 (Thu & Fri)

1:00 pm – 3:00 pm (European times) – Review 2h. pre-recorded training content.
Suggested review time of pre-recorded content is same day of live session or within the week prior to the session.

3:15 – 4:45 pm – Group pod review meeting

5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer and Anouk Brack

Mod 2 – In Person - 3 days

Dec 10-12, 2025 (Wed-Fri), arriving the 9th and departing 12th

3 days training with local instructor Anouk Brack. (4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)

Virtual – Check in call

Dec 18, 2025 (Thu)

Module 2 in person learnings & questions and looking forward

Mod 3 – Virtual - 3 days of 4 hours plus breaks

Jan 15 & 16, 2026 (Thu & Fri)



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1:00 pm – 3:00 pm (European times) – Review 2h. pre-recorded training content.
Suggested review time of pre-recorded content is same day of live session or within the week prior to the session.

3:15 – 4:45 pm – Group pod review meeting

5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer and Anouk Brack

Mod 4 – In Person - 3 days

Febr. 10-12, 2026 (Tue-Thu)

3 days training with local instructor Anouk Brack. (4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)

Mod 5 – Virtual - 2 days of 4 hours plus breaks

Feb 23, 2026 (Mon) - Virtual day 1

March 16, 2026 (Mon) - Virtual day 2

1:00 pm – 3:00 pm (European times) – Review 2h. pre-recorded training content.
Suggested review time of pre-recorded content is same day of live session or within the week prior to the session.

3:15 – 4:45 pm – Group pod review meeting

5:00 – 6:00 pm – Live virtual Q&A with Tiphani Palmer and Anouk Brack

Mod 6 – In Person & Associates Retreat - 3 days

April 15-17, 2026 (Wed-Fri)

3 days training with local instructor Anouk Brack. (4 hrs. per day of instructor training plus 2 hours of self-lead reflect, journal and practice)

LECT Venue

The venue for the three in person modules will be located in the Netherlands. If possible, the location will be in a natural environment. After registration, all information about the venue and transportation will be provided to you.



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LECT Pricing

LECT Program Fee: \$ 8,000* USD

Fee includes:

- LE Instructor at all in person Modules, training videos from Wendy & Tiphani Palmer, virtual Q&A sessions with Tiphani Palmer.
- All course materials including printed LE workbook, LE manual, LE handouts, bookmarks, wooden sword, and inspiration cards
- Access to the online LEAPP platform containing resources such as: Contracts, Agendas, Outlines, Handouts & Write ups

Program Fee does NOT include food, lodging or transportation. However, we will arrange for healthy lunches and delicious dinners with the venue owners. The additional costs for 3 lunches and 3 dinners for all three in person modules will be in total around \$ 600.

- Payment plan options are available. Please inquire with the US LE office after registering.
- Limited scholarships may be available. Contact Anouk.brack@anouka.nl

*NOTE: The full course fee is non-refundable. If you do not attend one of the 6 modules, no refunds will be made available. Concessions will be made in the event of a family or medical emergency. You cannot miss any of the in person days. Should you miss a virtual day, you may catch up with the recordings.

If you have any questions about the practical information, please contact our US office at office@leadershipembodiment.com or lead trainer anouk.brack@anouka.nl.

Thank you for your interest in the LE Coach Training Program. If you want to join us, please register now and secure your spot: <https://anouka.nl/leadership-embodiment/lect/>.



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Blessings,

***Tiphani Palmer** - Legacy Lineage Holder, Leadership Embodiment*

***Wendy Palmer** - Founder, Leadership Embodiment*

***Anouk Brack** - Lead Instructor LECT Netherlands 2024*

